MERMAID SAN DIEGO

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Hello Mermaid Athlete,

We're looking forward to cheering on all the athletes at the Mermaid San Diego! The updates will also be posted on our <u>website</u>.

START TIMES:

Half - 7:00am 10K - 7:15am 5K - 7:30am

RACE DAY PARKING & DIRECTIONS:

There are several options for parking near Tecolote Shores. All the parking options are first come, first served so we encourage you to arrive early. Next to the parking area is the approximate distance to the Start / Finish area. If you need specific directions to Tecolote Shores South the best address to use is 1740 E. Mission Bay Drive, or you can use this <u>Google Link</u>.

Parking on E. Mission Bay Drive: (0 to 1 mile) Street parking on E. Mission Bay Drive is available in front of <u>Tecolote Shores South</u> and to the north of the Start / Finish area. These spaces are expected to fill up first. *NOTE: the spaces in front of Tecolote Shores are "Back In Only" so please be careful when backing into the spots.* **Tecolote Shores North Parking Lot**: (.1 mile) There's a limited number of spaces at the Tecolote Shores North parking lot. Again, these will fill up quickly so if you are arriving after 6:15 am we anticipate this lot will be full. There are approximately 40 spaces.

<u>Playa Pacifica Parking Lot</u>: (.5 mile) There are several parking areas at Playa Pacifica with approximately 150 total spaces.

Playa Pacifica North Parking Lot: (.9 mile) One of the larger parking lots with approximately 200 spaces.

E. Mission Bay Dr, Just South of Clairemont Dr: (1.3 miles) Easy access from Hwy 5 and the Clairemont Dr Exit. Has approximately 80 spots

E. Mission Bay Dr, Just North of Clairemont Dr: (1.5 miles) Easy access from Hwy 5 and the Clairemont Dr Exit. Has approximately 250 spots

Sun Runner Parking Lot: (.5 miles) Dirt parking lot located to the South of Sea World Dr and E. Mission Bay Drive / Pacific Hwy. We recommend this as a backup lot because it does not have defined parking spaces. We will have rows coned off for parking to help with the parking flow. Please reference this <u>parking map</u>. After you park, you will walk and cross over Sea World Drive to E. Mission Bay Drive and follow the running path to the Start / Finish at Tecolote Shores.

THE RACE COURSE:

Please make sure to review the course map for your distance. Volunteers will be on the course to help guide you, however it's your responsibility to **ALSO** know the course. Fiesta Island is closed for our event, however the walking and bike paths will be open to the general public. *Please stay single file and to the right on the running paths unless passing!*

HALF MARATHON [Red Bibs] - There are TWO (2) LOOPS out on Fiesta Island. The loops are on the **Northern Half** of the Island, NOT the whole island. You will first go around the northern half of the island and as you are heading back in the volunteers will direct you to go LEFT at the midpoint of the island. This is the start of your second loop. Please review the <u>map</u> for

the details on the 2 LOOPS. After you complete the second loop you will pass the midpoint of the island and continue STRAIGHT to head off the island. When you get to E. Mission Bay Dr you will exit Fiesta Island and go RIGHT onto the sidewalk. You will then be heading towards Sea World. You will go around a rotunda and then loop back on the dirt running path towards Fiesta Island. You will pass in front of Fiesta Island Drive and continue STRAIGHT on the running path towards Tecolote Shores. When you get to Tecolote Shores you will continue STRAIGHT and pass by the Start/Finish Line on your way to DeAnza Cove. **DO NOT turn into the finish chute as you need to go north to DeAnza Cove**. You will turnaround at DeAnza Cove and then head back to Tecolote Shores for the Finish. The half marathon mile markers are RED/ORANGE to match your RED BIBS. <<u>Half Map</u>>

<u>10K [BLUE Bibs]</u> - The 10k will go around Fiesta Island and then head towards Sea World. When you exit Fiesta Island you will go RIGHT onto the sidewalk and head towards Sea World. You will go around a rotunda and then loop back on the dirt running path towards Fiesta Island. You will pass in front of Fiesta Island Drive and continue STRAIGHT on the running path towards Tecolote Shores. You will make a RIGHT into the finish chute at Tecolote Shores. The 10K mile markers are BLUE to match your BLUE BIBS. <<u>10K Map</u>>

5K [YELLOW Bibs] - The 5K is an out and back course that will go onto Fiesta Island. You will turnaround at the midpoint of Fiesta Island and follow the same route back to the Start / Finish. When you get to Tecolote Shores you will make a RIGHT into the finish chute. The 5K mile markers are GOLD / YELLOW to match your YELLOW BIBS. <<u>5K Map</u>>

BAG DROP - B.Y.O. B. (Bring Your Own Bag)

We will have a bag drop next to the expo check-in where you can drop off a small bag prior to the start. In an effort to be green and reduce the amount of plastic bag waste, we ask that you, B.Y.O.B. - Bring Your Own Bag. We will have ID tags and pens at the booth to write your bib number on your bag. Please do not leave valuables in the bag. Volunteers will be monitoring the bag drop, however we are not responsible for lost or stolen items.

TIMING AND RACE PHOTOS

Your bib number is your timing chip. You must wear your bib number on the front of your body and have it on the outer layer of your clothing. This will help the photographers capture your photo and make sure we get you timed.

PACKET PICKUP TIMES AND LOCATIONS

We highly recommend you pick up your race packet **PRIOR** to race day! This is the best way to keep your race morning stress free and keep a smile on your face! Participants always ask if they can pick up their friends packet and **YES**, you can pick up a friends bib number and shirt provided you bring a copy (digital picture or photocopy) of their drivers license. (YOU MUST HAVE A COPY OF THEIR PHOTO ID, NO EXCEPTIONS)

THURSDAY

Location: Road Runner Sports Address: <u>5553 Copely Drive, San Diego</u> Time: 2:00 pm to 6:00 pm *You *must* have a photo ID in order to pick up your packet **Packets will not be available prior to 2:00 pm

Friday

Location: <u>Tecolote South Shores</u> Time: 11:00 am to 6:00 pm *You *must* have a photo ID in order to pick up your packet **Packets will not be available prior to 11:00 a.m.

RACE DAY - SATURDAY

Location: <u>Tecolote South Shores</u> Time: 6:00 am to 7:30 am *You *must* have a photo ID in order to pick up your packet ***Bibs for the girls 1.5 mile dash will be available at Tecolote Shores until 9:45 am*

MERMAID SERIES APPAREL

Looking for some super cool new Mermaid gear? Check out the Mermaid Apparel tent which will be open for shopping on **FRIDAY** at Packet Pickup and on **SATURDAY** at the Race Expo. Check out the online <u>Mermaid Apparel</u> store to see the latest in sweatshirts, shirts, hats and Mermaid accessories.

SHOE DONATION

We will have several shoe donation bins at the packet pickups and at the expo to collect your *gently* used running shoes! The shoes will be sent to the non-profit <u>Sneaker 4 Funds</u> as a way to responsibly recycle running shoes and give them a second life. Many of the *gently* used running shoes can be worn as walking shoes, making them easily repurposed. Please do not bring shoes with holes, heavy stains or no tread as those can't be repurposed.

VOLUNTEER OPPORTUNITIES:

Mermaid Series events would not be what they are without the amazing support of our volunteers! Volunteering is a great way to give back to the Mermaid Community. We are still looking for volunteers for RACE DAY (Saturday). You can sign up for available shifts <u>HERE</u>. Please feel free to share this with your friends and family and encourage them to join in the fun. In addition to having a fun filled day, volunteers who work a full shift will receive a FREE <u>future</u> race credit to any Mermaid Series run event, or 50% discount to the Mermaid Triathlon & Duathlon. Please email us at <u>info@mermaidseries.com</u> if you have any questions.

PLEASE keep an eye out for the future Race Updates being sent out about a week prior to race day. We look forward to seeing you soon!

Keep Moving! Carlo Facchino Race Director